

Newsletter

Care @ Carers' Resource



December 2017



Following our successful Coffee and Cake Mornings held in Harrogate, Skipton and Bradford in December with Fire Safety presentations from our local fire safety officers, we thought it would be good idea to share the tips and safety guidance given by the community safety teams.

Christmas lights: We all store them in the loft, and get them out once a year, once we checked they are working correctly and before we place on the tree dust them off.

Extension leads: Don't overload extension leads, don't plug another extension into an extension and ensure they are flat gang extension leads.

Candles: We all like to burn a candle on these dark evenings, the fire brigade are recommend these are in a glass so contained and left on a flat hard surface.

Electric Blankets: another winter time luxury, when we are not using our electric blankets, do not fold as this can damage the internal wiring, roll them to protect.

Mobile Phones: When charging ensure on a flat screen and turn the charger off when complete. Do not charge on fabrics as the battery can heat up and set alight.

Kitchen and Cooking: We all have visitors or go to our families at this festive time, to check we don't leave food on the cooker and leave the room or if you do put on a timer to remind you.

Escape Plans: do you have an escape plan? If your home was on fire and was filled with smoke could you find your keys, ensure your keys are accessible to get out quickly if you need to.

Smoke Detectors: Do you have a smoked detector on each floor? If not let us know and we will refer to the Fire Brigade to come and fit one for you free of charge.

Trapped: If you are trapped in a room put your duvet or any other fabrics against the bottom of the door to limit the smoke and call for help.

If you would like a free fire safety home check please let us know and we can refer to the community safety teams.



Can you help us?



We are looking for customers and carers to join our recruitment panels across the district. It's important we include our customers to help us make sure we recruit the right staff. If you would like to be involved please contact the care@ office on (01274) 588990 and inform of which locality area you could help with. Expenses are paid for travel.

Carers Trust offer CarerSmart to all our customers and staff and it is the first club of its kind, giving the UK's seven million carers a chance to potentially save money on a range of products and services whilst they continue to provide care.

Carers could save money on a range of products by getting cash back in numerous high street stores as well as discounted rates on energy
Take the challenge today, try the online calculator to find out how much you could save

www.carersmart.org



**We would like to wish you all a
Happy New Year**